Respiratory Medicine



Risk Assessment – RMU-RA-005

Risk Assessment: Use of Cold Rooms

Working in cold rooms is acceptable, however, there are risks associated with working at low temperatures for a length of time and using any electrical equipment in a cold room. This risk assessment aims to provide guidance to end users to work in a safe manner.

Carried out by: Samantha Thulborn	Date carried out: April 2014	Review Date: April 2015 – Reviewed – No changes made.	
	Review Date: April 2016		

Hazard	Affected	Existing controls	Risk	Further Action
(Cause and consequence)	Group			Required
Temperature – Cold rooms	Staff	Use appropriate PPE, thermal overalls and gloves when working	Medium	None
run at approx. 4°C, risk of	Students	at low temperatures for a long period of time.		
hypothermia		Take regular breaks from the cold room.		
Electrical Equipment – short	Staff	Equipment must be fitted with plugs which are compatible with	Medium	None
circuiting of electrical	Students	damp proof sockets.		
components due to		Equipment to be PAT tested before and after use in cold room.		
condensation – potential				
electrocution				
Electrical Equipment – short	Staff	Equipment must be visually checked each time it is used for	Medium	None
circuiting of electrical	Students	obvious signs of defects such as loose cable grips, plugs		
components due to		incorrectly fitted, unsafe cable joints, damaged cable, signs of		
condensation – potential		burning/overheating, wrong value fuses (remember		
electrocution		Amps=Watts/Volts).		
		After electrical equipment is removed from the cold rooms they		
		should be allowed to warm up and dry out before using – this		
		will take several hours and it is recommended that it is left over		
		night at room temperature.		

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		Where possible only low voltage equipment should be used within the rooms.		
Microbial growth –	Staff	Any spillage must be dealt with immediately & appropriately.	Medium/Low	None
exposure risks to users	Students			
health				
Microbial growth –	Staff	Lab manager must routinely arrange for the floor & bench tops	Medium/Low	None
exposure risks to users	Students	to be cleaned and disinfected (at least once every 3 months).		
health		Groups & Users must routinely clean & disinfect their shelving,		
		boxes & other materials they utilise.		
		They must routinely carry out a disposal of old samples etc. This		
		should be at least once every 6 months.		
Work at height – danger of	Staff	No item greater than 5Kgs is allowed to be stored on the top	Medium/Low	None
falling and falling items	Students	shelf.		
		Access to the top shelf must be via a suitable step.		
		Items stored on the top shelf should only require access on a		
		limited basis		